

## Recreation and Wellness Committee Annual Report May 1, 2016 – April 30, 2017

### Current Goals:

(Submitted to UC in September 2016)

Goal/Metric	Accomplished	In Progress	Not Accomplished
Increase awareness and utilization of all campus health and wellness services.		X	
Support the tobacco/nicotine policy recommendation.	X		
Research guidelines of a holistic Wellness program to enhance campus lifestyles for all campus constituents.		X	
Support awareness outreach and related education to all students, faculty and staff regarding Title IX, Campus SAVE and the Violence Against Women Act.			X

What were your top two successes?

1. Approval of a Nicotine/Tobacco Free Campus
  - a. Providing resources and best practices of other campuses that have gone tobacco free
  - b. Initial meeting to discuss a roll out plan and support for students and employees
  - c. Next steps: working with campus colleagues to: draft communication plan, branding, signage, FAQ's, student & employee assistance, enforcement guide
  
2. Issue brief brought us an opportunity to look into food insecurity on campus. Through this brief we have:
  - a. Provided educational outreach to identify resources and food pantries located in close proximity to campus. Working with Help A Zip to provide students in need of meals with meal swipes to Robertson Dining Hall.
  - b. Developed an assessment of student needs and awareness of current food pantries in the area. (waiting for UC Communications to approve and send)
  - c. If the assessment shows additional student needs or if the need cannot be met by local food pantries, look into partnering with a local food bank.

What were your top two challenges?

1. Short term goals identified from issue briefs and student concerns have provided opportunities to address these needs. This work has been very beneficial but delays work on long term goals.
2. Once tobacco rule was passed there was no mechanism in place for implementation. This committee is working on connecting our work and knowledge to those on campus need to be a part of implementation.

Please list the dates of your meetings:

Sept. 12, 2016; Oct. 11, 2016; Nov. 7, 2016; Dec. 6, 2016;

Feb. 7, 2017; March 14, 2017; April 11, 2017

Additional short term goals achieved:

1. Assess the need of a food pantry on campus
2. Support student interest in identifying gender neutral restrooms on campus
3. Assist student interested in having Sharps containers in restrooms on campus